

# JULY 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
31					1	2
					9.00 – 10.00 am WFJ with Tsog 10.15 – 11.15 am POWA 11.30 am Centre Cherishing	9.30 – 10.30 am Wishfulfilling Jewel
3	4	5	6	7	8	9
8.00 – 9.00am 如意宝禱文	10.00 – 11.00 am Wishfulfilling Jewel	10.00 – 11.00 am Wishfulfilling Jewel	7.20 - 7.50 am Convent branch class 9.00 – 9.30 am 学习禅修 9.30 – 10.30 am Wishfulfilling Jewel 8.00 – 9.00 pm 现代佛法 Gen Prog. Chinese	10.00 – 11.00 am Wishfulfilling Jewel 11.15 – 11.45 am Simply Meditate (for beginners)	9.00 – 10.00 am WFJ with Tsog 10.15 – 11.15 am Tara Puja 11.30 am Centre Cherishing	9.30 – 10.30 am Wishfulfilling Jewel
10	11	12	13	14	15	16
LAMRIM RETREAT						
Session 1 : 7.30 - 9.00 am Session 2 : 10.30 - 12.00 nn WFJ : 12.00 - 1.00 pm Session 3 : 3.00 - 4.30 pm 7.30 - 9.00 pm Offering to the Spiritual Guide	Session 1 : 7.30 - 9.00 am Session 2 : 10.30 - 12.00 nn WFJ : 12.00 - 1.00 pm Session 3 : 3.00 - 4.30 pm Session 4 : 7.30 - 9.00 pm	Session 1 : 7.30 - 9.00 am Session 2 : 10.30 - 12.00 nn WFJ : 12.00 - 1.00 pm Session 3 : 3.00 - 4.30 pm Session 4 : 7.30 - 9.00 pm	Session 1 : 7.30 - 9.00 am Session 2 : 10.30 - 12.00 nn WFJ : 12.00 - 1.00 pm Session 3 : 3.00 - 4.30 pm Session 4 : 7.30 - 9.00 pm	Session 1 : 7.30 - 9.00 am Session 2 : 10.30 - 12.00 nn WFJ : 12.00 - 1.00 pm Session 3 : 3.00 - 4.30 pm Session 4 : 7.30 - 9.00 pm	Session 1 : 7.30 - 9.00 am Session 2 : 10.30 - 12.00 nn WFJ (Tsog) : 12.00 - 1.00 pm Session 3 : 3.00 - 4.30 pm Centre Cherishing (flexible hours)	Session 1 : 7.30 - 9.00 am Session 2 : 10.30 - 12.00 nn WFJ : 12.00 - 1.00 pm Session 3 : 3.00 - 4.30 pm
17	18	19	20	21	22	23
8.00 – 9.00am 如意宝禱文	10.00 – 11.00 am Wishfulfilling Jewel	10.00 – 11.00 am Wishfulfilling Jewel	7.20 - 7.50 am Convent branch class 9.00 – 9.30 am 学习禅修 9.30 – 10.30 am Wishfulfilling Jewel 8.00 – 9.00 pm 现代佛法 Gen Prog. Chinese		Centre Cherishing (flexible hours)	
INTERNATIONAL SUMMER FESTIVAL 2017 21 JULY - 5 AUG TERM BREAK						
24	25	26	27	28	29	30
			7.20 - 7.50 am Convent branch class		Centre Cherishing (flexible hours)	
INTERNATIONAL SUMMER FESTIVAL 2017 21 JULY - 5 AUG TERM BREAK						

Note: Feast of Great Bliss - is only for practitioners with Highest Yoga Tantra Empowerment. Everyone is welcome to attend all other pujas and teachings.